

First Responders Foundation



Peer Support Training (Basic)

March 30, 31, and April 1, 2022
8am - 4pm (all three days)

Why should you attend?

Becoming trained in peer support will help peers combat cumulative stress, the negative effects of trauma, PTSD, and combats first responder suicides. A trained peer support team or individuals can be a critical support for their peers. This educational training helps individuals support colleagues experiencing adverse effects of trauma or critical incidents. Training will involve initial team start-up (if applicable), understanding peer support, building skills in intentional communication skills, and suicide awareness and intervention. Peer Support Training (basic) is 21 hours of training over a three-day (3) period. Certificate of completion is given to individual who complete the training entirely.

**Make a difference in the lives of your colleagues
and become trained in peer support.**

Who should attend: personnel from fire, ems, police, dispatch, corrections, any first responder who desires to help their peers.



Cost: Free

Location: Nebraska City, NE

To register:

www.firstrespondersfoundation.org/training-for-first-responders/

For Questions: jason@firstrespondersfoundation.org 402-218-1234



The mission of the First Responders Foundation is to serve and honor all our First Responders, Veterans, and their families, build appreciation and respect for their work, and enhance public safety.